## Do you suffer from fecal incontinence with loose or watery stool?

Adults ages 18 and older are invited to participate in a research study for the treatment of fecal incontinence with loose or watery stool. The study will assess the efficacy of recommended diets in relieving symptoms of fecal incontinence.

## Who is eligible:

- Women and men ages 18 and older
- Have fecal incontinence with loose or watery stool (Fecal incontinence is "soiling" or uncontrollable stool loss.)
- Must be in general healthy condition
- Be willing to be randomly assigned to one of 2 diets (Low FODMAPS or high fiber) for 4 weeks

If you are interested, please call (734) 647-3374 or email us at <a href="mailto:FI-Diet-Study@umich.edu">FI-Diet-Study@umich.edu</a>

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